



NATIONAL RECOVERY MONTH

SEPTEMBER 2021

“Recovery is for Everyone: Every Person, Every Family, Every Community”

Recovery Month celebrates people in recovery and recognizes the dedicated workers who provide the prevention, treatment, and recovery support services our community needs. In 2020, Henrico County saw a staggering 73% increase in total drug overdose rates. With these rates on the rise, recovery month is more important than ever.

This year's Recovery Month theme is “Recovery is for Everyone.” It serves as a reminder to our community members in recovery, as well as those who support them, that no one is alone on this journey!

Join HAMHDS for our scheduled events to raise awareness, encourage those in need to seek treatment, and celebrate recovery!



Henrico Area Mental Health and
Developmental Services

Events

Recovery Stories with HAMHDS Clients

Join HAMHDS clients as they share about their experience in Recovery
Access live event at
<https://bouncebackhc.com/>
Thursday 9/9 @ 5:30pm

Virtual REVIVE

Call Megan Ortiz at
804- 727-8925 to Register
Monday 9/13 @ 5:30pm
Tuesday 9/21 @ 5:30pm

Proclamation of Recovery Month

Board of Supervisors Meeting
Tuesday 9/14 @7:00pm

Life in 10 Minutes with Valley Haggard

Virtual Writing Workshop for clients Celebrating Strength in Recovery
Call Megan Ortiz at 804-727-8925 to Register
Space limited to 15 participants
Wednesday 9/15 @ 3pm

Virtual Mindfulness with Mike Davis, LCSW

Celebrate National Addiction Professionals Day with Virtual Mindfulness
Call Megan Ortiz at 804-727-8925 to Register
Monday 9/20 @10 am, 12pm and 3pm
for HAMHDS staff

Art and Creative Writing Contest

Submit recovery related art, photography, short stories, essays throughout September.

Submissions due by September 30th to

Megan Ortiz @ 2010 Bremono Rd
804-727-8925

Karen Branin @ 3908 Nine Mile Rd
804-727-8610

Prize for first place

Winner announced Monday, October 11th