

MARIJUANA PREVENTION TIPS

For Parents

- Know where you stand on this issue.
- Listen, pay attention, and try not to interrupt or respond in anger.
- Offer facts about harm, addiction, mental health, risks, and consequences of use.
- Become knowledgeable in the subject.
- It's still illegal for under 21 years of age.

HAVE AN OPEN AND HONEST DISCUSSION



BRAINS ARE STILL DEVELOPING

Use before the age of 18 increases the risk of physiological and psychological harm.



COMMON SIGNS

- increased irritability
- losing interest and motivation to do usual activities
- memory difficulty
- carrying vape pens, pipes, lighters
- acting silly that is considered "out of character" for no apparent reason
- coming home with red eyes
- spending time with friends who use marijuana
- change or increase in appetite
- stealing money or unaccounted money

WORDS/SLANG

"Sparking up"

"420"

"Shatter"

"Weed"

"Grass"

"Spliffs"

"Pot"

"Dabbing"



Synthetic marijuana-like drugs are K2 and Spice

SAMHSA NATIONAL HELPLINE

1-800-662-HELP (4357)
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