

# MOMS SUPPORTING MOMS



This group provides monthly support and education to pregnant women and new moms who are currently experiencing substance use disorder, engaged in medication assisted treatment, or in recovery.

The purpose of this group is to provide the opportunity for women to discuss fears, challenges, and hopes for pregnancy and beyond in a supportive and respectful environment.

**This is not a substance abuse treatment group.**

The group is free of charge and open to the community.

## Free Community Group

Organized by the  
Women's Hospital at  
Henrico Doctors'  
and Henrico Mental  
Health

Dates:  
The First  
Wednesday of Every  
Month

Time:  
5pm-6pm

Location:  
Libbie Mill Library  
Conference room 2100  
Libbie Mill Lake E St  
Richmond, VA 23230

For questions please contact:

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